

Food Technology Curriculum Statement

Intent

Samuel Cody Specialist Sports College recognises the value of food and related work and follows the National Curriculum but is suitably differentiated so that all pupils are able to participate in the subject.

The pupils should be taught how to cook and apply the principles of healthy eating. Instilling a love of cooking in pupils will also open a door to one of the great expressions of human creativity. Learning how to cook is a crucial life skill that enables pupils to feed themselves and others affordably and well, now and in later life.

In addition the pupils experience household tasks that will assist them to lead as independent life as possible.

Implementation

The department provides a safe, welcoming, caring and supportive environment where each child is expected to work to a high standard. All pupils in Key Stage 3 are taught weekly. Pupils in Key stage 4 are able to continue the subject through their option choice. Skills and knowledge are mapped throughout the scheme of work, to ensure consolidation and progression.

Pupils should be taught to:

- learn how to cook with reference to safety and hygiene.
- cook a repertoire of dishes so that they are able to feed themselves and others a healthy and varied diet
- become competent in a range of cooking techniques [for example, selecting and preparing ingredients; using utensils and electrical equipment; applying heat in different ways; using awareness of taste, texture and smell; adapting and using their own recipes]
- understand and apply the principles of a healthy and varied diet
- understand where and how a variety of ingredients are grown, reared, caught and processed.
- Understand simple household tasks.

Impact

Food technology provides the skills and develops the knowledge in order for pupils to manage their own and future family lifestyles.

The pupils have a feeling of achievement, pride and self-worth in their practical work, increasing their confidence. Helping them to take the initiative as they plan and organize their work to be increasingly independent individuals.

It may also provide a route to future employment.