

## **Physical Education Curriculum Statement**

### ***Intent***

Samuel Cody Specialist Sports College recognises the value of Physical Education (P.E). The aims of the national curriculum are followed to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

### ***Implementation***

P.E. is taught at Samuel Cody as an area of learning and being inclusive, as well as integrated where possible with other curriculum areas. It is taught for a minimum of three PE lessons a week.

We teach lessons so that pupils:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Learn skills, build and become intelligent performers.
- Develop good sporting attitudes and appreciation of fair play
- Understand basic rules
- Experience positive competition
- Experience the environment that nurtures wellbeing and mindfulness
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving secondary school as physically active.

### ***Impact***

P.E is taught as a basis for lifelong learning, raising awareness and accessibility to a wide range of activities. This is in the belief that if taught well in its intent, then children can continue to succeed and continue to have a physically active life. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. At Samuel Cody, we provide opportunities for pupils to become confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities can help build an individual's character and will help to embed values such as fairness and respect.