

What will I learn in PSHE this year?

One 40 minute lesson per week.

YEAR 10

	Autumn Term 1	Autumn Term 2	Spring Term 3	Spring Term 4	Summer Term 5	Summer Term 6
	Mental health & wellbeing	Living responsibly	Living in the wider world - careers	Living in the wider world – being a good citizen	Relationships	Relationships & diversity
1	How can we manage grief and bereavement?	How can we manage our time effectively to help us succeed?	How do we choose a career that suits our personality, ambition and qualifications?	British Values – how does the criminal justice system work?	How can we manage conflict successfully?	Same sex relationships (LGBT+)
2	Why do some people commit suicide?	How can we take steps to live more sustainably? (carbon footprint)	What are employers looking for in CVs?	What is anti-social behaviour and how does this affect communities?	What are forced and arranged marriages and what do we need to know?	Gender and Trans Identity LGBT+
3	How can we manage social anxiety?	Study Skills – the power of mind and memory.	Why pursue a careers in the STEM industries?	Crime, gangs and County Lines	Harassment and stalking – what are these things and what does the law say about it?	What is community cohesion and why is this important? (British Values)
4	Social Media and Self-Esteem	Why do some people become homeless and why is homelessness on the increase?	How can we successfully prepare for work experience?	What is money laundering and why are some students taken in by this crime?	Revenge Porn – what is this and how can we prevent ourselves from being victims?	Why do sexism, gender prejudice and stereotypes still exist?
5	Internet Safety – the dangers of excessive screen time	What are hate crimes and why do these still happen?	What rights and responsibilities do we have in the workplace?	Why do some religious people become terrorists?	Do we have healthy or unhealthy relationships with our role models?	Parenting, the different types and styles and looking after a child.
6	What is Fake News and why do we need critical thinking skills?	Can tattoos and piercings be dangerous?	Why do we still need an International Women’s Day?			
7		What is binge drinking, what are the risks and why do people still do it?	What is overt and covert racism and why are people still prejudiced?			