

What will I learn in PSHE this year?

One 40 minute lesson per week.

YEAR 11

	Autumn Term 1	Autumn Term 2	Spring Term 3	Spring Term 4	Summer Term 5	
	Health & wellbeing	Health & wellbeing	Relationships & sex	Living in the wider world – being a good global citizen	Living in the wider world – beyond school	
1	Why is PSHE so important?	Perseverance and Procrastination	Bullying – Body Shaming	How can we protect animal rights and aid sustainability?	Applying to College and University	
2	How can we celebrate diversity and our identities?	Why do we need sleep and how does sleep deprivation affect us?	How can we make ourselves and other people feel more positive and why is happiness important?	How is plastic pollution destroying our environment?	How can we successfully prepare for a job/college interview?	
3	Privilege – How does this affect us all?	Risk Taking	Relationship types and sexuality	Globalisation – how does this affect us?	Independent Living	
4	What is body positivity and is why is this controversial? (obesity issues)	Gambling and Online Gaming	Why is it essential we know about consent, rape and sexual abuse?	What is multiculturalism?	Why is Health and Safety at work so important?	
5	Fertility and reproductive health issues	Why is our digital footprint important?	What is 'Good Sex'?	What is right-wing extremism?	How can trade unions protect our rights at work?	
6		Personal Safety in the Wider World	What do we mean when we talk about safe sex?	Internet Safety – the Dark Web	Revision and Study Skills	
7		First Aid - CPR	Relationship Break Ups	What is cyber crime and online fraud?		