

Curriculum Area: Junior Sports Leaders Award

Subject Coordinator(s): Glenn Tyreman

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
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10	Project One – How to referee. Take charge of a game of Ultimate Frisbee.	Project Two – Planning and running a circuit training session.	Project Three – Fitness testing for personal trainers.	Project Three – Fitness trainer. Train a client for 6 weeks to improve their skills and health.	Project Five. Plan, design, risk assess and run an orienteering course for the primary school	Project Five. Plan, design, risk assess and run an orienteering course for the primary school
11	Project Five. Planning and running a football festival for Year 7.	Project Six. Coaching Ultimate Frisbee. Coach, run session and feedback to your team.	Project 7. Working with younger children. Plan and lead fun indoor athletics festival for year 5/6	Project 8. Assist in the planning of the school sports awards and present the trophies.	Project 9. Football Golf. Design a course, set the rules and run the event.	