

## Mental Health & Wellbeing

<p><b>Meet &amp; Greet</b> Each child is greeted by a welcoming teacher each morning at the entrance of the Primary building.</p>	<p><b>Sensory Room</b> We have a sensory room with visual, auditory and physical stimuli to help children regulate their sensory needs.</p>	<p><b>School displays</b> Photos of children and their work are displayed around classrooms and corridors to celebrate their achievements.</p>	<p><b>Star of the week</b> Children are celebrated for their achievements and receive a sticker and certificate in recognition of their efforts that week.</p>
<p><b>School song</b> We have a school song which we sing in assemblies that celebrates all of the things we love about our school!</p>	<p><b>Choosing Time</b> Children earn their choosing time each day, to play with their peers as a reward for making good choices throughout the day.</p>	<p><b>Class timetables</b> Symbols are used consistently throughout classes to show children what to expect in their school day.</p>	<p><b>Talent shows</b> Mrs Blakemore organises for children to share special performances in special assemblies throughout the school year, such as Christmas, Easter and end of the year.</p>
<p><b>ELSA</b> Mrs Brant is our Primary ELSA who is there to support children with their emotional awareness and coping mechanisms.</p>	<p><b>Forest School</b> Mrs Daubney is our Forest Skills Leader who takes children for outdoor sessions where they love to learn through nature and getting messy!</p>	<p><b>Attachment awareness</b> All staff have received training in attachment awareness to help us best support the children with any attachment difficulties.</p>	<p><b>Wilbur Worry</b> We have a Wilbur Worry character in school who the children can go to if they have a worry or wish to speak with an adult about something.</p>