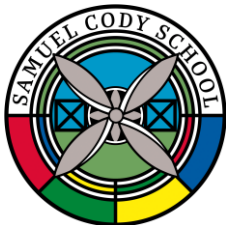


Samuel Cody School



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Headteacher: Mrs S Chinnappa BSc M.Ed. NPQH

Dear Parents/Carers

At Samuel Cody School, our rationale for PSHE and Citizenship education is that it is a planned programme of learning for our students to acquire the knowledge, understanding and skills they need to manage their lives, now and in the future.

The overarching aim is to provide pupils with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- the ability to become responsible citizens who make a positive contribution to society.

The programme is designed to prepare students to manage many of the most critical opportunities, challenges and responsibilities they will face growing up in such rapidly changing and challenging times. It also helps them to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel confident in themselves and their ability to address the challenges of effective learning and make a full and active contribution to society.

The lessons and resources can be adapted to fit the individual needs of the students and events that occur around the world throughout the academic year. The schemes are written to be adaptable to current affairs and changes that occur within the lives of the students, within the wider community, nationally and globally.

Delivery of Relationship and Sex Education

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

RSE is not about the promotion of sexual activity.

RSE is taught within the PSHE education curriculum. It is also taught across several subjects such as the biological aspects of RSE being taught within the science curriculum, online safety is taught in ICT and other aspects are included in Religious Education (RE).

The content is age appropriate and we consider the needs of all our pupils and adapt the curriculum to personalise their learning.

RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

We are required by law to provide Relationship and Sex Education within school. We believe this is a really important area of study for young people particularly in an age when they are bombarded with images and open to so much incorrect and misleading information about adult relationships. We hope you will support us in this but if you feel you need to find out more information, please contact me.

We are keen to offer any help we can and you may find your child starts asking questions about the topic at home. If you have any queries about the content of the PSHE curriculum or resources used please do not hesitate to contact me at school.

I would like to take this opportunity to sign post all parents and carers to the PSHE area of Samuel Cody School website. You will find a very comprehensive outline of the PSHE curriculum including what is being taught across all year groups. I would also like to draw your attention to the RSE policy which can be accessed on the school's website.

Please do not hesitate to get in contact should you have any queries.

Kind regards

Ruth Packman
Head of PSHE
Samuel Cody Secondary

Greg Colyer
Head of School
Cody Oaks