

Mental Health & Wellbeing

<p><u>Meet & Greet</u> Staff are present at school drop-off and pick-up to greet children and speak with parents or transport escorts.</p>	<p><u>Sensory room</u> We have a sensory room with visual, auditory and physical stimuli to help children regulate their sensory needs.</p>	<p><u>School displays</u> Photos of children and their work are displayed around classrooms and corridors to celebrate their achievements.</p>	<p><u>Mental health week</u> Each year we take part in mental health week, which is a nationwide initiative led by a mental health charity. It promotes wellbeing, belonging and awareness.</p>
<p><u>School song</u> We have a school song which we sing in assemblies that celebrates all of the things we love about our school!</p>	<p><u>Choosing Time</u> Children earn their choosing time each day, to play with their peers as a reward for making good choices and completing their work tasks.</p>	<p><u>After school clubs</u> Staff offer a range of after school clubs for children to enjoy. We focus these around the children's interest and learning new skills.</p>	<p><u>Assemblies</u> Mr Strain leads an assembly each Friday, where he presents certificates to children in celebration of their achievements that week.</p>
<p><u>ELSA</u> Mrs Green is our Primary ELSA who is there to support pupils with interventions in emotional literacy when needed. This could be related to managing anger, bereavement, social skills etc.</p>	<p><u>Forest School</u> Mrs Nugent is our Forest Skills Leader who takes children for outdoor sessions where they love to learn through nature and getting messy!</p>	<p><u>Attachment awareness</u> All staff have received training in attachment awareness to help us best support the children with any attachment difficulties.</p>	<p><u>Zones of regulation</u> All classrooms use the ZOR to teach children about their emotions and check-in daily with how they're feeling.</p>